

## 2015 Grant County Health District Assessment Ephrata Summary

At 10 square miles, Ephrata is located in the heart of the Columbia Basin and offers its citizens a true quality of life. Residents have the opportunity to experience shopping, museums, recreation, art, and welcoming churches. 6 city parks with 1 sports complex offers activities for all residents. About 2,400 students are served by 6 Schools in the Ephrata School District.

For businesses big or small Ephrata offers competitively priced city services, high speed telecommunications offering wireless, DSL and fiber optic connections. Ephrata is the best of both worlds, where technology meets those hometown values.

To find more information about health in Ephrata and Grant County visit the Grant County Health District website at granthealth.org for the current report.

#### **Community Strengths**

Residents were asked to list the best things about life in Ephrata. The responses are shown in the word cloud above. Residents are proud that Ephrata is a:

- Rural farming city that is connected to the land
- The nice weather and abundance of sunshine
- Family-friendly town

#### **Community Concerns**

Residents were asked what are the major concerns and health problems of Ephrata residents. The main concerns of Ephrata residents are:

- Economic Development
- Obesity
- Teenage Pregnancy
- Sexually Transmitted Infections





#### Ephrata Demographics

**Population:** 7,930

Age:

Median Age: 35

Less than 5 years: 8% 5-17 years: 19% 18-64 years: 58% More than 65 years: 15%

Race/Ethnicity:

Non-Hispanic: 83%
Hispanic/Latino: 17%
Foreign Born: 6%
Language other than English at home: 14%

Income:

Median Household Income:

\$37,692

Persons below FPL: 20%

#### **Household Composition:**

Average Household Size: 2.6

**Education:** 

Less than High School: 17% High School: 35% Some College: 22% Associates: 9% Bachelors or Higher: 17%

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#### **Economic Development**

Interviewees said they were concerned that residents can't really work, shop, live and play in town anymore. Many residents travel to Wenatchee, Tricities or Spokane to shop and eat at restaurants. Residents are also concerned because lack of economic development means few job opportunities for young people. Approximately 50% of the Grant County economy is in 3 sectors: Agriculture, Government and Manufacturing. The largest employers in Grant County are the Moses Lake School District, Genie Industries, REC silicon, the Grant County Government, and Wal-Mart. Of these, 2 are located in Ephrata.

The Ephrata Chamber of Commerce currently has 165 members and works to promote the economic well-being and rewarding quality of life for residents by stimulating economic growth. The Grant County Economic Development Council is another organization that promotes Grant County as an attractive place for business growth.

#### **Obesity**

#### Percent of Adults that are Obese



Adult Obesity—Approximately 32%, or 1 in 3 adults in Grant County is obese which is higher than the state rate of 26% or 1 in 4.

Childhood obesity—In Grant County 35% of 10th graders are overweight or obese. This is higher than the state rate of 23%

Ephrata residents participate in a variety of community driven activities that reduce obesity. There is an Active Living Work Group, a Trails Planning Team that advises city leadership, a community garden, and all schools now promote safe walking routes to school.

#### Teenage Pregnancy

Grant County has the 3rd highest teenage pregnancy rate in the state (2008-2010). For the same 3 year period teenage births accounted for 15% of births in the county, compared with 7.7% for the state. In 2010, Ephrata had the lowest teenage pregnancy rate in Grant County.

To reduce the trend, the Grant County Health District has formed the SHAPE, Sexual Health and Prevention Education, Coalition comprised of clinic and school health professionals and has worked with the Ephrata alternative school and juvenile detention center to provide evidenced based teenage pregnancy and sexually transmitted disease prevention class to 50 students in 2013.

# Percent of Births to Teenagers 16 8

**Grant County** 

Washington State

#### **Sexually Transmitted Infections**

# Chlamydia Rates in Grant County 400 200 2008 2009 2010 2011 2012 Grant County Ephrata

Cases of Chlamydia infection in Grant County have seen a general increasing trend in the past 10 years, ending 2012 with a case rate of 364 cases per 100,000. Ephrata had a 215% increase in Chlamydia cases from 2011 to 2012, the highest in the county.

**Ephrata** 

Gonorrhea rates in Grant County almost tripled from 2011 to 2012. Grant County had a total of 59 reported cases, with 6 cases in Ephrata. In December2014 the Grant County Health Officer declared a Gonorrhea Outbreak in Grant County when cases reached an all time high.