

FOR IMMEDIATE RELEASE 06/24/2019

TO: Grant County Media

FOR INFORMATION CONTACT

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GCHD Staff are Investigating Suspect Norovirus Cases in Moses Lake, WA

GRANT COUNTY, WA –Grant County Health Officer, Dr. Alexander Brzezny, has issued the following alert to the Grant County media: Grant County Health District (GCHD) staff are investigating a norovirus outbreak at a long-term care facility in Moses Lake, WA. **There is the potential for more cases to occur.**

Symptoms

A person usually develops symptoms 12 to 48 hours after being exposed to norovirus. Norovirus is easily transmitted through contaminated hands, equipment/surfaces, or food/water. Most people with norovirus illness get better within 1 to 3 days. The most common symptoms include nausea, vomiting, diarrhea, and some stomach cramping.

Prevention

In order to prevent the spread of this virus, follow these basic prevention strategies:

- Wash your hands often
 - Always wash your hands carefully with soap and water
 - After using the toilet and changing diapers, and before eating, preparing, or handling food
- Wash fruits and vegetables and cook seafood thoroughly
 - Carefully wash fruits and vegetables before preparing and eating them
 - Cook oysters and other shellfish thoroughly before eating them
- When you are sick, do not prepare food or care for others
 - Stay home when sick and for two days after symptoms stop
 - Avoid preparing food for others when sick and for two days after symptoms stop
- Clean and disinfect contaminated surfaces
 - Promptly clean and disinfect any surfaces that become soiled with vomit or diarrhea
 - Disinfect with a freshly made chlorine bleach solution (5 to 25 tablespoons of household bleach per gallon of water); leave on affected area for at least 5 minutes
- Wash laundry thoroughly
 - Immediately remove and wash clothes or linens that may be contaminated with vomit or diarrhea

Resources

[Norovirus](#) | CDC
[Handwashing](#) | CDC

Consultation

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