

# Grand Coulee & Electric City



## 2015 Grant County Health District Assessment Electric City & Grand Coulee Summary

Grand Coulee and Electric City are 4 square miles in the northern tip of Grant County, with Grand Coulee being the oldest city in the county. There are 3 school districts that offer many extracurricular activities for children.

These two cities lie on the shores of Banks Lake and the Columbia River offering recreational activities like fishing, boating, climbing, camping and as well as enjoying the eastern Washington climate. These located adjacent to Grand Coulee Dam and Lake Roosevelt.

To find more information about health in Grand Coulee, Electric City, and Grant County visit the Grant County Health District website to see the Community Health Assessment of Grant County at [granthealth.org](http://granthealth.org)

### Community Concerns

North Grant County community members talked about the following issues during interviews.

- Healthcare—especially in regards to an aging community
- Attracting younger people to stay in the area—aging community
- Things for children to do
- Confusion over where to access services as the cities are on the border of 4 different counties.

### Health Problems

Interview respondents were also asked what are the major health problems of North Grant County residents. The main problems identified are:

- Obesity—including healthy eating and physical activity
- Drug and Alcohol Abuse
- Falls, home safety, etc for aging population

### Electric City & Grand Coulee Demographics

(Electric City/Grand Coulee)

**Population:** 1,010 / 1,050

#### Age:

Median Age: 50.5 / 47.1

<5 years : 4.3% / 6.5%  
5-17 years: 14.2% / 12.8%  
18-64 years: 59.4% / 60.4%  
>65 years: 22.1% / 20.3%

#### Race/Ethnicity:

Non-Hispanic: 96% / 91.1%  
Hispanic/Latino: 4% / 8.9%  
Foreign Born: 1.7% / 3.3%  
Language other than English at home: 3.7% / 3.7%

#### Income:

Median Household Income:  
Persons below FPL: 10.6% / 15.4%

#### Household Composition:

Average Household Size: 2.7 / 1.9

#### Educational Attainment:

Less than High School: 4.4% / 9%  
High School: 39% / 30.9%  
Some College: 20.3% / 31.9%  
Associates: 16.8% / 6.9%  
Bachelors or Higher: 19.6% / 21.3%

# 2015 Grant County Health District Assessment

## Electric City and Grand Coulee Summary

### Obesity

Adult Obesity—Approximately 32%, or 1 in 3 adults in Grant County is obese which is higher than the state rate of 26% or 1 in 4.

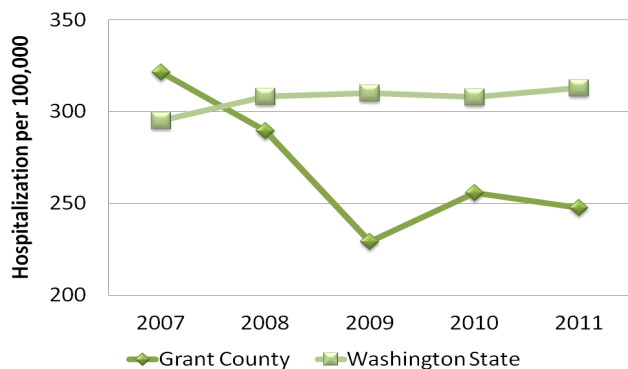
Childhood obesity—In Grant County 35% of 10th graders are overweight or obese. This is higher than the state rate of 23%

Obesity increases the risk for high blood pressure, high cholesterol, type 2 diabetes, heart disease, and stroke. Having a primary provider will assure access to screening and help for living a healthy lifestyle.

Percent of Adults that are Obese



### Falls



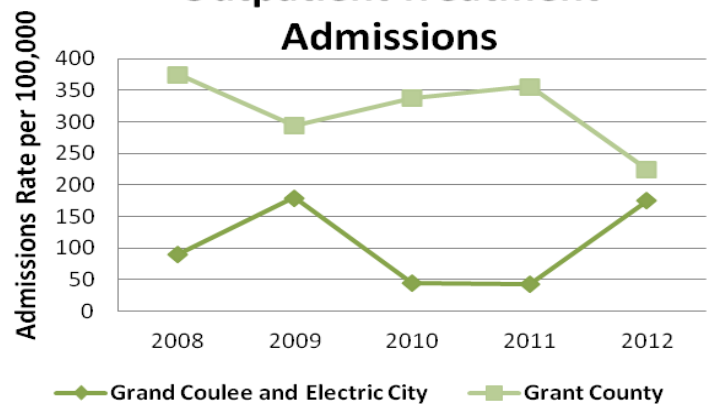
In 2010, falls were the leading cause of injury related hospitalizations and the 3rd leading cause of injury related death in Washington State. The majority of these falls occur in those age 65+ and are a significant cause of death, disability, loss of independence and admission to nursing homes.

Approximately 230 Grant County residents are hospitalized after a fall every year. For the last 4 years the rate of falls resulting in hospitalizations have been lower in Grant County than the state.

### Drug & Alcohol Abuse

Key leaders were concerned about the lack of local treatment options and the stigma associated with seeking care for substance abuse. The true number of people suffering with substance abuse and mental health issues is difficult to estimate. One thing to consider are the number of people who seek treatment. Approximately 1% of Grand Coulee and Electric City residents combined over a 5 year period were admitted to an outpatient substance abuse treatment program. The most common substance people seek treatment for is Alcohol.

### Outpatient Treatment Admissions



### Substance Abuse Related Arrests

#### Top 5 Reasons for Adult Arrests

1. Simple assault
2. Drug and equipment violations
3. Driving under the influence
4. Liquor law violations
5. Aggravated Assaults

#### Top 5 Reasons for Adult Arrests

1. Simple assault
2. Liquor law violations
3. Burglary
4. Motor vehicle theft
5. Drug and equipment violations

The Grant County Sheriff's Office reported the top 5 reasons for arrest in Grant County in 2012. Three reason out of ten were related to alcohol and other substances.