

The 10 Most Common Causes of Infection



Handwashing is the most effective way to stop the spread of illness.

Use soap and warm water.

Rub hands for 20 seconds.

Rinse.

Dry with paper towel.

Once you have washed your hands, keep them clean.

Use a towel to turn off water.

When exiting public bathrooms use a paper towel to open the door.

For more information contact your Grant County Health District

754-6060 or 766-7960

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